



**British Triathlon  
Grand Final  
Sunderland  
20/21 August 2022**

# Schedule

## Saturday 20<sup>th</sup>

- 0800 TriStar 2 and 3: Heats**
- 0931 Paratriathlon**
- 1100 TriStar 2 and 3: Finals**
- 1240 Youth A Female**
- 1319 Youth A Male**
- 1411 Youth B Junior & Senior Female**
- 1525 Youth B & Junior Male**
- 1632 Senior Male**

## Sunday 21<sup>st</sup>

- 0800 Age Group Race 1**
- 0902 The Big Swim Bike Run - Individual**
- 0932 Big Swim Bike Run - Family**
- 1030 Age Group Race 2**
- 1147 Mixed Team Relay TriStar 2 & 3 Race 1**
- 1251 Mixed Team Relay TriStar 2 & 3 Race 2**
- 1355 Mixed Team Relay Youth & Junior**
- 1544 Mixed Relay Cup (Senior)**