



Funded by
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Part of our
Programme for Adults



My Life in Words and Pictures

10am - 11am

Building Block Day Centre,
Victoria Rd, Washington NE37 2SS

Every Monday between 18th March -
29th April 2024 (excluding 1st April)

My Life in Words and Pictures welcomes older adults to come together over six weekly sessions to share stories and memories. Using digital technology the group will create a digital scrapbook incorporating family photographs and anecdotes about growing up in Washington and Sunderland. By the end of the sessions you will be able to share your digital creation with family and friends, making a perfect keepsake for generations to come.



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